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*Get Rewarded!*



## Our Locations

### Vienna

262 Maple Avenue  
Vienna VA 22180  
(703) 281-0111

### Courthouse

2200 Wilson Blvd.  
Arlington VA 22201  
(703) 525-5100

### McLean

1359 Chain Bridge Rd.  
McLean VA 22101  
(703) 893-2323

### Ballston (Ashton Heights)

800 N. Glebe Rd.  
Arlington VA 22203  
(703) 522-5000

### DC (Midtown Center)

1152 15th St NW  
Washington DC 20005  
(202) 758-2540

### Ballston (Virginia Square)

650 N Quincy Street  
Arlington VA 22203  
(703) 527-0807

### Reston

1908 Reston Metro Plaza  
Reston VA 20190  
(703) 467-9100

[www.sweetleafcafe.com](http://www.sweetleafcafe.com)

(September 2022)



# Sweet Leaf



# TOAST/BREAKFAST

- Standard\*  
cal. 495

cage-free egg, bacon, cheddar, roasted shallots, spicy aioli on brioche
- Farmers\*  
cal. 675

cage-free egg, sausage, cheddar, tomato, roasted shallots, spicy aioli on brioche
- Harvest Bowl\*  
cal. 630

cage-free egg over a bed of organic quinoa and arugula, avocado, local feta, cracked pepper, pesto vinaigrette
- Malibu Melt\*  
cal. 595

cage-free egg, bacon, avocado, provolone on brioche
- Sunrise Burrito\*  
cal. 394

cage-free eggs, avocado, sausage, cotija cheese, pico-de-gallo, spicy cilantro vinaigrette in a flour tortilla



- Elote Toast  
cal. 260

avocado, corn, cilantro, pepita seeds, red pepper flakes, lime squeeze, drizzle of chipotle chile on multigrain
- Avo Toast  
cal. 165

avocado, hard-boiled egg, chia + flax seeds, red pepper flakes, lemon squeeze on multigrain
- Mediterranean Toast  
cal. 340

avocado, kale-tomato-cucumber tabbouleh, roasted red pepper, feta, cucumber tzatziki, chia + flax seeds, red pepper flakes, lemon squeeze on multigrain



\*May contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# CRAFT MARKETPLACE

(BUILD YOUR OWN)

SALAD

GRAIN

SANDWICH

BASE

MESCLUN

KALE

BABY SPINACH

ARUGULA

ROMAINE

QUINOA

RICE

TOPPINGS + DRESSING

4 Veggies

1 Crunch

1 Dressing

PREMIUMS

|                  |        |                  |        |
|------------------|--------|------------------|--------|
| Steak Medallions | \$3.99 | Chicken Breast   | \$2.99 |
| Beef Kabob       | \$2.99 | Cage-Free Egg    | \$1.49 |
| Organic Falafel  | \$2.49 | Avocado          | \$2.49 |
| Thick-Cut Bacon  | \$1.49 | Turkey Breast    | \$2.99 |
| Cheese           | \$1.49 | Tri-Color Quinoa | \$1.49 |
| Organic Tofu     | \$1.99 | Seasonal Topping | \$0.99 |

HOUSE-MADE DRESSINGS

|              |                            |                     |
|--------------|----------------------------|---------------------|
| Caesar       | Balsamic Vinaigrette       | Jalapeno-Caesar     |
| Avo-Ranch    | Garlic Feta Vinaigrette    | Plum Vinaigrette    |
| Chimichurri  | Spicy Cilantro Vinaigrette | Pesto Vinaigrette   |
| Green Tahini | Seasonal Dressing          | Olive Oil + Vinegar |

BREAD

BAGUETTE

MULTIGRAIN

SOURDOUGH

LEAF WRAP

PROTEIN + VEGGIES + DRESSING

1 Protein

4 Veggies

1 Dressing

PROTEIN

|                       |                    |
|-----------------------|--------------------|
| Turkey Breast         | Organic Falafel    |
| Chicken Breast        | Organic Tofu       |
| Beef Kabob            | Cage-Free Egg      |
| Thick-Cut Bacon       | Roasted Veggie Mix |
| Steak Medallions +\$2 | Cheese +\$1.29     |

DRESSINGS

|                      |                   |
|----------------------|-------------------|
| Herb Aioli           | Oil + Vinegar     |
| Avo-Ranch            | Chimichurri       |
| Caesar               | Chipotle          |
| Balsamic Vinaigrette | Cucumber Tzatziki |
| Jalapeno-Caesar      | Fresh Lemon/Lime  |
| Green Tahini         | Pesto             |

All dressings are Gluten-Free

-Dairy Free

## SALADS

### Seasonal

- Butternut + Apple  
cal. 625

roasted butternut squash, local apples, organic quinoa, goat cheese, chicken, toasted almonds, organic baby spinach, romaine, maple-balsamic vinaigrette



- Tofu Tango  
cal. 430

kale, romaine, organic tofu, sweet potato, apples, organic quinoa, goat cheese, toasted pepita seeds, mango vinaigrette

- Spicy Avocado  
cal. 520

romaine, organic mesclun, avocado, roasted corn, black beans, pico-de-gallo, cilantro, cotija cheese, chicken, tortilla chips, spicy cilantro vinaigrette

- Pesto Chicken  
cal. 565

romaine, organic mesclun, avocado, sun-dried tomato, fresh mozzarella, chicken, parmesan crisp, pesto vinaigrette

- Citrus Sesame Chicken  
cal. 415

romaine, organic mesclun, roasted carrots, purple cabbage, cucumber, sliced orange, cilantro, chicken, toasted almonds, sesame seeds, plum vinaigrette

- Steak Taco  
cal. 540

romaine, steak medallions, roasted corn + red pepper, pico-de-gallo, cotija cheese, cilantro, lime squeeze, tortilla chips, jalapeno-caesar

- Greek Roots  
cal. 600

kale, romaine, organic falafel, roasted vegetables, feta, pita chips, mint, lemon squeeze, garlic feta vinaigrette

- Kale Kobb  
cal. 550

romaine, kale, avocado, tomato, goat cheese, bacon, chicken, toasted almonds, balsamic vinaigrette

- Chicken Caesar\*  
cal. 575

romaine, kale, tomato, shaved parmesan, chicken, croutons, parmesan crisp, caesar

= Keto Diet   = Gluten-Free   = Vegetarian   = Staff Favorite

## SANDWICHES

### Seasonal

- Turkey + Cran  
cal. 740

roasted turkey, whole cranberry sauce, thick-cut bacon, cheddar, alfalfa sprouts, herb aioli on sourdough



- CheeseSteak  
cal. 650

steak, provolone cheese, roasted red pepper, shallots, herb aioli on baguette

- Chicken Club  
cal. 675

chicken, bacon, provolone cheese, tomato, herb aioli on baguette

- Steak + Cheddar  
cal. 575

steak medallions, cheddar, roasted shallots, organic arugula, chimichurri on baguette

- So Cali Club  
cal. 595

smoked turkey, avocado, bacon, swiss cheese, hard-boiled egg, tomato, alfalfa sprouts, herb aioli on sourdough

- Turkey + Apple  
cal. 485

turkey breast, apples, bacon, cheddar, organic arugula, avo-ranch on sourdough

- Veggie Stack  
cal. 375

avocado, feta, roasted red pepper+squash+zucchini+cauliflower, purple cabbage, pickled onion, cucumber tzatziki on leaf wrap

- Koo Koo Roo  
cal. 630

chicken, cheddar, avocado, roasted corn, red pepper, organic arugula, chipotle chile on baguette

- San Remo  
cal. 590

chicken, provolone cheese, avocado, sun-dried tomato, pesto on baguette

- Caprese  
cal. 549

fresh mozzarella, organic baby spinach, tomato, pesto, balsamic glaze, cracked pepper on baguette

- Organic Bread/Wraps

Baguette cal. 270

Sourdough cal. 290

Multigrain cal. 180

Leaf Wrap cal. 20

## GRAIN BOWLS

- Falafel Tzatziki  
cal. 645

organic falafel, turmeric rice, kale-tomato-cucumber-tabbouleh, purple cabbage, feta, mint, organic mesclun, pita chips, cucumber tzatziki, with green tahini

- Sabroso  
cal. 625

chicken, turmeric rice, avocado, tomato, black beans, cilantro, cotija cheese, organic arugula, spice blend, tortilla chips, lime squeeze, jalapeno-caesar

- Kabobi  
cal. 555

beef kabob, turmeric rice, feta, mint, tomato, cucumber, pickled red onion, organic mesclun, pita chips, cucumber tzatziki, with spicy harissa

- Chimichurri  
cal. 695

steak medallions, turmeric rice, avocado, roasted corn, tomato, cilantro, organic baby spinach, lime squeeze, chimichurri



## SMOOTHIES

### Create Your Own Choose up to 3 Toppings + Froyo + Milk

#### Seasonal

- Raspberry + Mango**  
cal. 310  
raspberry + mango + coconut

**Berry Blanco**  
cal. 175

seasonal berry + coconut + granola

**The Classic**  
cal. 275

strawberry + banana

**Mango Buzz**  
cal. 270

mango + strawberry + banana

**Chocolate Crush**  
cal. 195

peanut butter + banana + chocolate

**Sweet Mango**  
cal. 275

orange + mango + honey

**Green Cure**  
cal. 375

strawberry + avocado + kale

**Very Verde**  
cal. 250

cucumber + kale + avocado

**Velvet Oreo**  
cal. 220

oreo + strawberry
- \*Dairy Free - Oat Milk + Banana - \$1  
\*Add Plant Based Protein - \$1
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- ## KIDS
- PB & J  
cal. 189

organic peanut butter and fig jelly on sourdough, side of fruit
- Avo BLT  
cal. 495

bacon, shredded kale, tomato, avo-ranch on multigrain, side of fruit
- Grilled Cheese  
cal. 290

cheddar cheese melted between sourdough, side of fruit
- Quesadilla  
cal. 490

flour tortilla with melted cheddar cheese and a side of pico-de-gallo
- Fruit Cup  
cal. 105

seasonal fruit
- ## SHAKES/ICE CREAM/FROYO
- Frozen Yogurt

tart yogurt with three toppings

Ice Cream

one flavor in a cup

Milkshakes
- 
- ## ICE CREAM + SHAKE FLAVORS
- Vanilla

• Strawberry

• Coffee

• Mint Chocolate Chip

• Chocolate

• Cookie Dough

• Cookies N' Cream