

Sweet Leaf

WINTER SEASONAL



Pay with the new Sweet Leaf app.
Get Rewarded!



Our Locations

Vienna

262 Maple Avenue
Vienna VA 22180
(703) 281-0111

Courthouse

2200 Wilson Blvd.
Arlington VA 22201
(703) 525-5100

McLean

1359 Chain Bridge Rd.
McLean VA 22101
(703) 893-2323

Ballston (Ashton Heights)

800 N. Glebe Rd.
Arlington VA 22203
(703) 522-5000

DC (Midtown Center)

1152 15th St NW
Washington DC 20005
(202) 758-2540

Ballston (Virginia Square)

650 N Quincy Street
Arlington VA 22203
(703) 527-0807

Reston

1908 Reston Metro Plaza
Reston VA 20190
(703) 467-9100

www.sweetleafcafe.com

(January 2023)

BUFFALO CHICKEN

New Seasonal Sammy

chicken, cheddar, bacon, tomato,
pickled red onion, purple cabbage,
hot sauce, avo-ranch on baguette

**we use a whole 30
approved hot sauce
with no dairy or
artificial flavors added



NOTHING
ARTIFICIAL



SIMPLE
INGREDIENTS



WHOLE 30
APPROVED



TOAST/BREAKFAST

- Standard*
cal. 495

cage-free egg, bacon, cheddar, roasted shallots, spicy aioli on brioche
- Farmers*
cal. 675

cage-free egg, sausage, cheddar, tomato, roasted shallots, spicy aioli on brioche
- Harvest Bowl*
cal. 630

cage-free egg over a bed of organic quinoa and arugula, avocado, local feta, cracked pepper, pesto vinaigrette
- Malibu Melt*
cal. 595

cage-free egg, bacon, avocado, provolone on brioche
- Sunrise Burrito*
cal. 394

cage-free eggs, avocado, sausage, cotija cheese, pico-de-gallo, spicy cilantro vinaigrette in a flour tortilla



- Elote Toast
cal. 260

avocado, corn, cilantro, pepita seeds, red pepper flakes, lime squeeze, drizzle of chipotle chile on multigrain
- Avo Toast
cal. 165

avocado, hard-boiled egg, chia + flax seeds, red pepper flakes, lemon squeeze on multigrain
- Mediterranean Toast
cal. 340

avocado, kale-tomato-cucumber tabbouleh, roasted red pepper, feta, cucumber tzatziki, chia + flax seeds, red pepper flakes, lemon squeeze on multigrain



*May contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

CRAFT MARKETPLACE

(BUILD YOUR OWN)

SALAD

GRAIN

SANDWICH

BASE

MESCLUN

KALE

BABY SPINACH

ARUGULA

ROMAINE

QUINOA

RICE

TOPPINGS + DRESSING

4 Veggies

1 Crunch

1 Dressing

PREMIUMS

Steak Medallions \$3.99

Beef Kabob \$2.99

Organic Falafel \$2.49

Thick-Cut Bacon \$1.49

Cheese \$1.49

Organic Tofu \$1.99

Chicken Breast \$2.99

Cage-Free Egg \$1.49

Avocado \$2.49

Turkey Breast \$2.99

Tri-Color Quinoa \$1.49

Seasonal Topping \$0.99

HOUSE-MADE DRESSINGS

Caesar

Avo-Ranch

Chimichurri

Green Tahini

Balsamic Vinaigrette

Garlic Feta Vinaigrette

Spicy Cilantro Vinaigrette

Seasonal Dressing

Jalapeno-Caesar

Plum Vinaigrette

Pesto Vinaigrette

Olive Oil + Vinegar

All dressings are Gluten-Free

-Dairy Free

BREAD

BAGUETTE

MULTIGRAIN

SOURDOUGH

LEAF WRAP

PROTEIN + VEGGIES + DRESSING

1 Protein

4 Veggies

1 Dressing

PROTEIN

Turkey Breast

Chicken Breast

Beef Kabob

Thick-Cut Bacon

Steak Medallions +\$2

Organic Falafel

Organic Tofu

Cage-Free Egg

Roasted Veggie Mix

Cheese +\$1.29

DRESSINGS

Herb Aioli

Avo-Ranch

Caesar

Balsamic Vinaigrette

Jalapeno-Caesar

Green Tahini

Oil + Vinegar

Chimichurri

Chipotle

Cucumber Tzatziki

Fresh Lemon/Lime

Pesto

SALADS

Seasonal

Brussel + Pear

cal. 695

brussel sprouts + pear, rosemary sweet potato, bacon, goat cheese, organic quinoa, kale, romaine, pepita seed, pomegranate vinaigrette

Tofu Tango

cal. 430

kale, romaine, organic tofu, sweet potato, apples, organic quinoa, goat cheese, toasted pepita seeds, mango vinaigrette

Spicy Avocado

cal. 520

romaine, organic mesclun, avocado, roasted corn, black beans, pico-de-gallo, cilantro, cotija cheese, chicken, tortilla chips, spicy cilantro vinaigrette

Pesto Chicken

cal. 565

romaine, organic mesclun, avocado, sun-dried tomato, fresh mozzarella, chicken, parmesan crisp, pesto vinaigrette

Citrus Sesame Chicken

cal. 415

romaine, organic mesclun, roasted carrots, purple cabbage, cucumber, sliced orange, cilantro, chicken, toasted almonds, sesame seeds, plum vinaigrette

Steak Taco

cal. 540

romaine, steak medallions, roasted corn + red pepper, pico-de-gallo, cotija cheese, cilantro, lime squeeze, tortilla chips, jalapeno-caesar

Greek Roots

cal. 600

kale, romaine, organic falafel, roasted vegetables, feta, pita chips, mint, lemon squeeze, garlic feta vinaigrette

Kale Kobb

cal. 550

romaine, kale, avocado, tomato, goat cheese, bacon, chicken, toasted almonds, balsamic vinaigrette

Chicken Caesar

cal. 575

romaine, kale, tomato, shaved parmesan, chicken, croutons, parmesan crisp, caesar

SANDWICHES

Seasonal

Buffalo Chicken

cal. 690

chicken, bacon, cheddar, tomato, pickled red onion, purple cabbage, hot sauce, avo-ranch on baguette

CheeseSteak

cal. 650

steak, provolone cheese, roasted red pepper, shallots, herb aioli on baguette

Chicken Club

cal. 675

chicken, bacon, provolone cheese, tomato, herb aioli on baguette

Steak + Cheddar

cal. 575

steak medallions, cheddar, roasted shallots, organic arugula, chimichurri on baguette

So Cali Club

cal. 595

smoked turkey, avocado, bacon, swiss cheese, hard-boiled egg, tomato, alfalfa sprouts, herb aioli on sourdough

Turkey + Apple

cal. 485

turkey breast, apples, bacon, cheddar, organic arugula, avo-ranch on sourdough

Veggie Stack

cal. 375

avocado, feta, roasted red pepper+squash+zucchini+cauliflower, purple cabbage, pickled onion, cucumber tzatziki on leaf wrap

Koo Koo Roo

cal. 630

chicken, cheddar, avocado, roasted corn, red pepper, organic arugula, chipotle chile on baguette

San Remo

cal. 590

chicken, provolone cheese, avocado, sun-dried tomato, pesto on baguette

Caprese

cal. 549

fresh mozzarella, organic baby spinach, tomato, pesto, balsamic glaze, cracked pepper on baguette

☺ = Keto Diet ☹ = Gluten-Free ♀ = Vegetarian ♀ = Staff Favorite

GRAIN BOWLS

Falafel Tzatziki

cal. 645

organic falafel, turmeric rice, kale-tomato-cucumber-tabbouleh, purple cabbage, feta, mint, organic mesclun, pita chips, cucumber tzatziki, with green tahini

Sabroso

cal. 625

chicken, turmeric rice, avocado, tomato, black beans, cilantro, cotija cheese, organic arugula, spice blend, tortilla chips, lime squeeze, jalapeno-caesar

Kabobi

cal. 555

beef kabob, turmeric rice, feta, mint, tomato, cucumber, pickled red onion, organic mesclun, pita chips, cucumber tzatziki, with spicy harissa

Chimichurri

cal. 695

steak medallions, turmeric rice, avocado, roasted corn, tomato, cilantro, organic baby spinach, lime squeeze, chimichurri

SMOOTHIES

Create Your Own

Choose up to 3 Toppings + Froyo + Milk

Seasonal

Pineapple Express

cal. 195

pineapple + mango + banana + spinach

Berry Blanco

cal. 175

seasonal berry + coconut + granola

The Classic

cal. 275

strawberry + banana

Mango Buzz

cal. 270

mango + strawberry + banana

Chocolate Crush

cal. 195

peanut butter + banana + chocolate

Sweet Mango

cal. 275

orange + mango + honey

Green Cure

cal. 375

strawberry + avocado + kale

Very Verde

cal. 250

cucumber + kale + avocado

Velvet Oreo

cal. 220

oreo + strawberry

*Dairy Free - Oat Milk + Banana - \$1
*Add Plant Based Protein - \$1

KIDS

PB & J

cal. 189

organic peanut butter and fig jelly on sourdough, side of fruit

Avo BLT

cal. 495

bacon, shredded kale, tomato, avo-ranch on multigrain, side of fruit

Grilled Cheese

cal. 290

cheddar cheese melted between sourdough, side of fruit

Quesadilla

cal. 490

flour tortilla with melted cheddar cheese and a side of pico-de-gallo

Fruit Cup

cal. 105

seasonal fruit

SHAKES/ICE CREAM/FROYO

Frozen Yogurt

tart yogurt with three toppings

Ice Cream

one flavor in a cup

Milkshakes

ICE CREAM + SHAKE FLAVORS

• Vanilla

• Strawberry

• Coffee

• Mint Chocolate Chip

• Chocolate

• Cookie Dough

• Cookies N' Cream