



Sweet Leaf



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Get Rewarded!



SMOOTHIES

Create Your Own
Choose up to 3 Toppings + Froyo + Milk

Seasonal

 **Blue Magic** cal. 265
mango + banana + coconut + spirulina

 **Berry Haze** cal. 335
strawberry + blueberry + banana

 **The Classic** cal. 275
strawberry + banana

 **Mango Buzz** cal. 270
mango + strawberry + banana

 **Berry Blanco** cal. 175 
blueberry + coconut + granola

 **Sweet Mango** cal. 275 
orange + mango + honey

 **Green Cure** cal. 375 
strawberry + avocado + kale

 **Very Verde** cal. 250
cucumber + kale + avocado

 **Velvet Oreo** cal. 220
oreo + strawberry



*Dairy Free - Oat Milk + Banana - \$1 *Add Spirulina Superfood - \$1 *Add Plant Based Protein - \$1

Our Locations

Vienna
262 Maple Avenue
Vienna VA 22180
(703) 281-0111

McLean
1359 Chain Bridge Rd.
McLean VA 22101
(703) 893-2323

DC (Midtown Center)
1152 15th St NW
Washington DC 20005
(202) 758-2540

Courthouse - Arlington
2200 Wilson Blvd.
Arlington VA 22201
(703) 525-5100

Ballston - Arlington
650 N Quincy Street
Arlington VA 22203
(703) 527-0807

Reston
1908 Reston Metro Plaza
Reston VA 20190
(703) 467-9100

www.sweetleafcafe.com

(November 2023)

TOAST/BREAKFAST

Elote Toast  cal. 260
avocado, roasted corn, cilantro, pepita seeds, red pepper flakes, lime squeeze, chipotle aioli on organic multigrain

Avo Toast cal. 165
avocado, cage-free hard boiled egg, chia + flax seeds, red pepper flakes, lemon squeeze on organic multigrain

(new) **Berry Toast**  cal. 145
blueberries, strawberries, banana, coconut, peanut butter, chia + flax seeds, drizzle of honey, on organic multigrain



(new) **Ham + Hen** cal. 450
cage-free egg, north country smokehouse ham, cheddar on organic brioche

Standard cal. 495
cage-free egg, bacon, cheddar, roasted shallots, spicy aioli on organic brioche



Farmers cal. 675
cage-free egg, sausage, cheddar, tomato, roasted shallots, spicy aioli on organic brioche

Harvest Bowl  cal. 630
cage-free egg over a bed of organic quinoa and arugula, avocado, local feta, cracked pepper, pesto vinaigrette

Malibu Melt  cal. 595
cage-free egg, bacon, avocado, provolone on organic brioche

Sunrise Burrito  cal. 394
cage-free eggs, avocado, sausage, cotija cheese, pico-de-gallo, spicy cilantro vinaigrette in a flour tortilla

*Items with egg, meats, poultry and seafood may be undercooked, consuming raw or undercooked food may increase your risk of foodborne illness, especially if you have certain medical conditions.

CRAFT MARKETPLACE

GRAIN BOWLS

(BUILD YOUR OWN)

SALAD

GRAIN

SANDWICH

BASE

MESCLUN

KALE

BABY SPINACH

ARUGULA

ROMAINE

QUINOA

RICE

WILD FARRO

TOPPINGS + DRESSING

4 Veggies

1 Crunch

1 Dressing

PREMIUMS

Steak Medallions \$3.99

Organic Falafel \$2.99

Thick-Cut Bacon \$2.99

Cheese \$1.49

Organic Tofu \$2.29

Salmon \$4.99

Smokehouse Ham \$2.99

Chicken Breast \$2.99

Cage-Free Egg \$1.49

Avocado \$2.49

Turkey Breast \$2.99

Tri-Color Quinoa \$1.59

Wild Farro \$1.59

Seasonal Topping \$0.99

HOUSE-MADE DRESSINGS

Caesar

Avo-Ranch

Chimichurri

Green Tahini

Lemon/Lime

Balsamic Vinaigrette

Pico De Gallo

Spicy Cilantro Vinaigrette

Seasonal Dressing

Jalapeno-Caesar

Plum Vinaigrette

Pesto Vinaigrette

Olive Oil + Vinegar

All dressings are Gluten-Free

Dairy Free

BREAD

BAGUETTE

MULTIGRAIN

SOUROUDOUGH

LEAF WRAP

PROTEIN + VEGGIES + DRESSING

1 Protein

4 Veggies

1 Dressing

PROTEIN

Turkey Breast

Chicken Breast

Thick-Cut Bacon

Smokehouse Ham

Steak Medallions +\$2

Salmon +\$4

Organic Falafel

Organic Tofu

Cage-Free Egg

Roasted Veggie Mix

Cheese +\$1.59

DRESSINGS

Herb Aioli

Avo-Ranch

Caesar

Balsamic Vinaigrette

Jalapeno-Caesar

Green Tahini

Sriracha

Oil + Vinegar

Chimichurri

Chipotle

Cucumber Tzatziki

Pico De Gallo

Pesto

Sabroso cal. 625

chicken breast, avocado, cherry tomato, black beans, cilantro, cotija cheese, turmeric rice, organic arugula, spice blend, tortilla chips, lime squeeze, jalapeno caesar

(the remix) Falafel Tzatziki cal. 635

organic falafel, cucumber, cherry tomato, pickled onion, purple cabbage, feta, mint, organic mesclun, turmeric rice, cucumber-tzatziki, pita chips, green tahini

Chimichurri cal. 695

steak medallions, avocado, roasted corn, cherry tomato, baby spinach, turmeric rice, lime squeeze, chimichurri

(new) Salmon + Wild Farro cal. 955

Norwegian salmon, charred baby broccoli, rosemary sweet potato, purple cabbage, wild rice + farro, lemon squeeze, sriracha (on side)



SALADS

SANDWICHES

Seasonal

Brussel + Pear cal. 695

brussel sprouts + pear, rosemary sweet potato, thick-cut bacon, goat cheese, organic quinoa, kale, romaine, toasted pepita, pomegranate vinaigrette

(the remix) Tofu Tango cal. 420

organic tofu, roasted rosemary sweet potato, apples, organic quinoa, goat cheese, roasted pepita seeds, kale, romaine, balsamic vinaigrette

(the remix) Greek Roots cal. 670

organic falafel, roasted squash, zucchini, cauliflower, red pepper, feta, pita chips, organic mint, lemon squeeze, kale, romaine, green tahini

Pesto Chicken cal. 565

chicken breast, avocado, sun-dried tomato, fresh mozzarella, parm crisp, organic mesclun, romaine, pesto vinaigrette

Spicy Avocado cal. 520

chicken breast, avocado, roasted corn, black beans, pico-de-gallo, cilantro, cotija cheese, tortilla chips, organic mesclun, romaine, spicy cilantro-lime vinaigrette

Kale Kobb cal. 550

chicken breast, thick-cut bacon, avocado, cherry tomato, goat cheese, toasted almonds, kale, romaine, balsamic vinaigrette

Seasonal

(new) BigFin cal. 495

Norwegian salmon, cherry tomato, corn, parm crisp, organic arugula, romaine, lime squeeze, jalapeno caesar

Steak Taco cal. 540

chicken breast, thick-cut bacon, avocado, cherry tomato, goat cheese, toasted almonds, kale, romaine, balsamic vinaigrette

Chicken Caesar

chicken breast, cherry tomato, shaved parmesan, crumbled crouton, parm crisp, kale, romaine, caesar dressing

Citrus Sesame Chicken

chicken breast, roasted carrots, purple cabbage, sliced orange, cucumber, cilantro, toasted almonds, organic mesclun, romaine, plum vinaigrette

Keto Diet

Gluten-Free

Vegetarian

Staff Favorite



Seasonal

(new) Hamwich cal. 475

north country smokehouse ham, swiss, plum tomato, organic mesclun, parm crisp, creamy dijon-mayo on organic baguette

CheeseSteak cal. 650

steak medallions, provolone, roasted red pepper + shallots, herb aioli on organic baguette

Chicken Club cal. 675

chicken breast, provolone, thick-cut bacon, plum tomato, herb aioli on organic baguette

Steak + Cheddar cal. 575

steak medallions, cheddar, roasted shallots, organic arugula, chimichurri on organic baguette

So Cali Club cal. 595

turkey breast, swiss, avocado, thick-cut bacon, hard-boiled egg, plum tomato, alfalfa sprout, herb aioli on organic sourdough

Turkey + Apple cal. 485

turkey, apples, bacon, cheddar, organic arugula, avo-ranch on organic sourdough

Organic Bread/Wraps

Baguette cal. 270 Sourdough cal. 290 Multigrain cal. 180 Leaf Wrap cal. 20



SIDES

SMOOTHIES

SWEETS

Street Corn cal. 170

roasted corn, red pepper, cotija cheese, lime

Avo Mix cal. 200

avocado, tomato, cucumber, pickled onions, chia/flax seeds, lemon

Mozzarella + Tomato cal. 150

fresh mozzarella, cherry tomato, balsamic glaze

Seasonal Veggies cal. 50-100

roasted seasonal vegetables

Roasted Veggies cal. 75

squash, zucchini, cauliflower, red pepper

Sweet Potato cal. 90

rosemary roasted sweet potatoes

Roasted Carrots cal. 60

roasted honey carrots

Fresh Fruit cal. 60

sliced seasonal fruit

Tzatziki + Pita cal. 130

cucumber tzatziki made with greek yogurt, served with a side of pita chips

PB & J cal. 189

organic peanut butter and fig jelly on sourdough, side of fruit

Avo BLT cal. 495

bacon, shredded kale, tomato, avo-ranch on multigrain, side of fruit

Grilled Cheese cal. 290

cheddar cheese melted between sourdough, side of fruit

Quesadilla cal. 490

flour tortilla with melted cheddar cheese and a side of pico-de-gallo

Vegetable Lentil cal. 185

lentil, organic veggies, spices, and herbs

Chili Bean cal. 180

beef, beans, and lots of vegetables

Cookies

chocolate, sugar, oatmeal raisin

Brownies

chocolate, chocolate cheesecake, blondie

ICE CREAM/FROYO

Frozen Yogurt

tart yogurt with three toppings

Ice Cream

(3) scoops + (3) toppings

Milkshakes

SHAKES

• Vanilla • Strawberry

• Coffee • Double Chocolate

• Chocolate • Birthday Cake

• Cookies N' Cream

• Mint Chip • Black N White

