



Sweet Leaf



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SMOOTHIES

Our Locations

Vienna
262 Maple Avenue
Vienna VA 22180
(703) 281-0111

Courthouse - Arlington
2200 Wilson Blvd.
Arlington VA 22201
(703) 525-5100

McLean
1359 Chain Bridge Rd.
McLean VA 22101
(703) 893-2323

Ballston - Arlington
650 N Quincy Street
Arlington VA 22203
(703) 527-0807

DC (Midtown Center)
1152 15th St NW
Washington DC 20005
(202) 758-2540

Reston
1908 Reston Metro Plaza
Reston VA 20190
(703) 467-9100

www.sweetleafcafe.com
(Spring 2024)

TOAST/BREAKFAST

Create Your Own
Choose up to 3 Toppings + Froyo + Milk

Seasonal

-  **Cherry Blossom** cal. 275
cherry + banana + almonds
-  **Berry Haze** cal. 335
strawberry + blueberry + banana
-  **The Classic** cal. 275
strawberry + banana
-  **Mango Buzz** cal. 270
mango + strawberry + banana
-  **Berry Blanco** cal. 175 
blueberry + coconut + granola
-  **Sweet Mango** cal. 275 
orange + mango + honey
-  **Green Cure** cal. 375 
strawberry + avocado + kale
-  **Very Verde** cal. 250
cucumber + kale + avocado
-  **Velvet Oreo** cal. 220
oreo + strawberry



Elote Toast cal. 260

avocado, roasted corn, cilantro, pepita seeds, red pepper flakes, lime squeeze, chipotle aioli on organic multigrain

Avo Toast cal. 165

avocado, cage-free hard boiled egg, chia + flax seeds, red pepper flakes, lemon squeeze on organic multigrain

Berry Toast cal. 145

blueberries, strawberries, banana, coconut, peanut butter, chia + flax seeds, drizzle of honey, on organic multigrain



Ham + Hen cal. 450

cage-free egg, north country smokehouse ham, cheddar on organic brioche

Standard cal. 495

cage-free egg, bacon, cheddar, roasted shallots, spicy aioli on organic brioche



Farmers cal. 675

cage-free egg, sausage, cheddar, tomato, roasted shallots, spicy aioli on organic brioche

Harvest Bowl cal. 630

cage-free egg over a bed of organic quinoa and arugula, avocado, feta, cracked pepper, pesto vinaigrette

Malibu Melt cal. 595

cage-free egg, bacon, avocado, provolone on organic brioche

Sunrise Burrito cal. 394

cage-free eggs, avocado, sausage, cotija cheese, pico-de-gallo, spicy cilantro vinaigrette in a flour tortilla

*Dairy Free - Oat Milk + Banana - \$1 *Add Spirulina Superfood - \$1 *Add Plant Based Protein - \$1

*Items with egg, meats, poultry and seafood may be undercooked, consuming raw or undercooked food may increase your risk of foodborne illness, especially if you have certain medical conditions.

CRAFT MARKETPLACE

GRAIN BOWLS

(BUILD YOUR OWN)



SALAD



GRAIN



SANDWICH

BASE



TOPPING + DRESSING



PREMIUMS

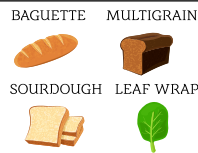
Steak Medallions	\$3.99	Chicken Breast	\$2.99
Organic Falafel	\$2.99	Cage-Free Egg	\$1.49
Thick-Cut Bacon	\$1.59	Avocado	\$2.49
Cheese	\$1.49	Turkey Breast	\$2.99
Organic Tofu	\$2.29	Tri-Color Quinoa	\$1.59
Salmon	\$4.99	Wild Farro	\$1.59
Smokehouse Ham	\$2.99	Seasonal Topping	\$0.99

HOUSE-MADE DRESSINGS

Caesar	Balsamic Vinaigrette	Jalapeno-Caesar
Avo-Ranch	Pico De Gallo	Plum Vinaigrette
Chimichurri	Spicy Cilantro Vinaigrette	Pesto Vinaigrette
Green Tahini	Seasonal Dressing	Olive Oil + Vinegar
Lemon/Lime		

All dressings are Gluten-Free (GF) (D) = Dairy Free

BREAD



PROTEIN + VEGGIES + DRESSING



PROTEIN

Turkey Breast	Organic Falafel
Chicken Breast	Organic Tofu
Thick-Cut Bacon	Cage-Free Egg
Smokehouse Ham	Roasted Veggie Mix
Steak Medallions +\$2	Cheese +\$1.49
Salmon +\$4	

DRESSINGS

Herb Aioli	Oil + Vinegar
Avo-Ranch	Chimichurri
Caesar	Chipotle
Balsamic Vinaigrette	Cucumber Tzatziki
Jalapeno-Caesar	Pico-De-Gallo
Green Tahini	Pesto
Sriracha	Creamy Dijon

Sabroso cal. 625

chicken breast, avocado, cherry tomato, black beans, cilantro, cotija cheese, turmeric rice, organic arugula, spice blend, tortilla chips, lime squeeze, jalapeno caesar

Falafel Tzatziki cal. 635

organic falafel, cucumber, cherry tomato, pickled onion, purple cabbage, feta, mint, organic mesclun, turmeric rice, cucumber-tzatziki, pita chips, green tahini

Chimichurri cal. 695

steak medallions, avocado, roasted corn, cherry tomato, baby spinach, turmeric rice, lime squeeze, chimichurri

Salmon + Wild Farro cal. 595

Norwegian salmon, charred baby broccoli, rosemary sweet potato, purple cabbage, wild rice + farro, lemon squeeze, creamy honey-sriracha (on side)



SALADS

Seasonal

Chicken Capri cal. 425
chicken breast, avocado, cherry tomato, fresh mozzarella, baby spinach, romaine, almonds, pesto and balsamic vinaigrette



Tofu Tango cal. 420
organic tofu, roasted rosemary sweet potato, apples, organic quinoa, goat cheese, roasted pepita seeds, kale, romaine, balsamic vinaigrette

Greek Roots cal. 670
organic falafel, roasted squash, zucchini, cauliflower, red pepper, feta, pita chips, organic mint, lemon squeeze, kale, romaine, green tahini

Pesto Chicken cal. 565
chicken breast, avocado, sun-dried tomato, fresh mozzarella, parm crisp, organic mesclun, romaine, pesto vinaigrette

Spicy Avocado cal. 520
chicken breast, avocado, roasted corn, black beans, pico-de-gallo, cilantro, cotija cheese, tortilla chips, organic mesclun, romaine, spicy cilantro-lime vinaigrette

Kale Cobb cal. 550
chicken breast, thick-cut bacon, avocado, cherry tomato, goat cheese, toasted almonds, kale, romaine, balsamic vinaigrette

BigFin cal. 495
Norwegian salmon, cherry tomato, corn, parm crisp, organic arugula, romaine, lime squeeze, jalapeno caesar

Steak Taco cal. 540
steak medallions, roasted corn + red pepper, pico-de-gallo, cotija cheese, lime squeeze, tortilla chips, cilantro, romaine, jalapeno caesar

Chicken Caesar* cal. 575
chicken breast, cherry tomato, shaved parmesan, croutons, parm crisp, kale, romaine, caesar dressing

Citrus Sesame Chicken cal. 415
chicken breast, roasted carrots, purple cabbage, sliced orange, cucumber, cilantro, toasted almonds, organic mesclun, romaine, plum vinaigrette

(K) = Keto Diet (GF) = Gluten-Free (V) = Vegetarian (S) = Staff Favorite

SANDWICHES

Seasonal

Ham n Jam cal. 565
north country smokehouse ham, goat cheese, organic arugula, fig jam on organic baguette



Hamwich cal. 475
north country smokehouse ham, swiss, tomato, organic mesclun, parm crisp, creamy dijon-mayo on organic baguette

CheeseSteak cal. 650
steak medallions, provolone, roasted red pepper + shallots, herb aioli on organic baguette

Chicken Club cal. 675
chicken breast, provolone, thick-cut bacon, tomato, herb aioli on organic baguette

Steak + Cheddar cal. 575
steak medallions, cheddar, roasted shallots, organic arugula, chimichurri on organic baguette

Turkey + Apple cal. 485
turkey, apples, bacon, cheddar, organic arugula, avo-ranch on organic sourdough

Veggie Stack cal. 375
avocado, roasted squash, zucchini, cauliflower, red pepper, pickled red onion, purple cabbage, feta, cucumber tzatziki in a leaf wrap

Caprese cal. 549
fresh mozzarella, organic baby spinach, tomato, house-made pesto, balsamic glaze, fresh cracked pepper on organic baguette

Koo Koo Roo cal. 630
chicken breast, cheddar, avocado, roasted corn + red pepper, organic arugula, chipotle aioli on organic baguette

San Remo cal. 590
chicken breast, provolone, avocado, sun-dried tomato, house-made pesto on organic baguette

So Cali Club cal. 595
turkey breast, swiss, avocado, thick-cut bacon, hard-boiled egg, tomato, alfalfa sprout, herb aioli on organic sourdough

Organic Bread/Wraps

Baguette cal. 270 Sourdough cal. 290 Multigrain cal. 180 Leaf Wrap cal. 20 (GF)

SIDES

Street Corn cal. 170
roasted corn, red pepper, cotija cheese, lime

Avo Mix cal. 200
avocado, tomato, cucumber, pickled onions, chia/flax seeds, lemon

Mozzarella + Tomato cal. 150
fresh mozzarella, cherry tomato, balsamic glaze

Seasonal Veggies cal. 50-100
roasted seasonal vegetables

Roasted Veggies cal. 75
squash, zucchini, cauliflower, red pepper

Sweet Potato cal. 90
rosemary roasted sweet potatoes

Roasted Carrots cal. 60
roasted honey carrots

Fresh Fruit cal. 60
seasonal fruit

Tzatziki + Pita cal. 130
cucumber tzatziki made with greek yogurt, served with a side of pita chips

PB & J cal. 189
organic peanut butter and fig jelly on sourdough, side of fruit

Avo BLT cal. 495
bacon, romaine, tomato, avo-ranch on multigrain, side of fruit

Grilled Cheese cal. 290
cheddar cheese melted between sourdough, side of fruit

Quesadilla cal. 490
flour tortilla with melted cheddar cheese and a side of pico-de-gallo

SOUPS

Vegetable Lentil cal. 185
lentil, organic veggies, spices, and herbs

Chicken Tortilla cal. 295
chicken, veggies, peppers, and herbs

SWEETS

Cookies
chocolate, sugar, oatmeal raisin

Brownies
chocolate, chocolate cheesecake, blondie

ICE CREAM/FROYO

Frozen Yogurt
tart yogurt with three toppings

Ice Cream
(3) scoops + (3) toppings



SHAKES

- Vanilla • Strawberry
- Coffee • Double Chocolate
- Chocolate • Birthday Cake
- Cookies N' Cream • Cookie Dough
- Mint Chip • Black N White