

# Sweet Leaf



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## Our Locations

**Vienna**  
262 Maple Avenue  
Vienna VA 22180  
(703) 281-0111

**Courthouse - Arlington**  
2200 Wilson Blvd.  
Arlington VA 22201  
(703) 525-5100

**McLean**  
1359 Chain Bridge Rd.  
McLean VA 22101  
(703) 893-2323

**Ballston - Arlington**  
650 N Quincy Street  
Arlington VA 22203  
(703) 527-0807

**DC (Midtown Center)**  
1152 15th St NW  
Washington DC 20005  
(202) 758-2540

**Reston**  
1908 Reston Metro Plaza  
Reston VA 20190  
(703) 467-9100













[www.sweetleafcafe.com](http://www.sweetleafcafe.com)

(January 2025)

## SMOOTHIES

## TOAST/BREAKFAST

Create Your Own Smoothie  
Choose up to 3 Toppings + Froyo + Milk  
Seasonal

-  **Blue Magic** cal. 265  
mango + banana + coconut + spirulina
-  **Berry Haze** cal. 335  
strawberry + blueberry + banana
-  **The Classic** cal. 275  
strawberry + banana
-  **Mango Buzz** cal. 270  
mango + strawberry + banana
-  **Berry Blanco** cal. 175   
blueberry + coconut + granola
-  **Sweet Mango** cal. 275   
orange + mango + honey
-  **Green Cure** cal. 375   
strawberry + avocado + kale
-  **Very Verde** cal. 250  
cucumber + kale + avocado
-  **Velvet Oreo** cal. 220  
oreo + strawberry

Smoothies made with frozen yogurt + milk

\*Dairy Free - Oat Milk + Banana - \$1 \*Add Spirulina Superfood - \$1 \*Add Plant Based Protein - \$1



**Elote Toast**  cal. 260

avocado, roasted corn, cilantro, pepita seeds, red pepper flakes, lime squeeze, chipotle aioli on organic multigrain

**Avo Toast** cal. 165

avocado, cage-free hard boiled egg, chia + flax seeds, red pepper flakes, lemon squeeze on organic multigrain

**Berry Toast**  cal. 145

blueberries, strawberries, banana, coconut, peanut butter, chia + flax seeds, drizzle of honey, on organic multigrain



**Ham + Hen** cal. 450

cage-free egg, north country smokehouse ham, cheddar on organic brioche

**Standard** cal. 495

cage-free egg, bacon, cheddar, roasted shallots, spicy aioli on organic brioche



**Farmers** cal. 675


cage-free egg, sausage, cheddar, tomato, roasted shallots, spicy aioli on organic brioche

**Harvest Bowl**  cal. 630

cage-free egg over a bed of organic quinoa and arugula, avocado, feta, cracked pepper, pesto vinaigrette

**Malibu Melt**  cal. 595

cage-free egg, bacon, avocado, provolone on organic brioche

**Sunrise Burrito**  cal. 394

cage-free eggs, avocado, sausage, cotija cheese, pico-de-gallo, spicy cilantro vinaigrette in a flour tortilla

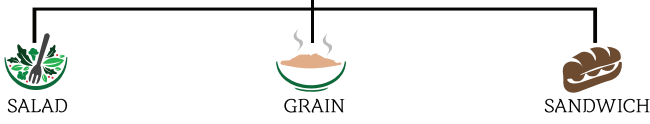
\*Items with egg, meats, poultry and seafood may be undercooked, consuming raw or undercooked food may increase your risk of foodborne illness, especially if you have certain medical conditions.



# CRAFT MARKETPLACE

# GRAIN BOWLS

(BUILD YOUR OWN)



## BASE

- MESCLUN KALE BABY SPINACH ARUGULA  
 ROMAINE QUINOA RICE WILD FARRO

## TOPPINGS + DRESSING

- 4 Veggies 1 Crunch 1 Dressing

## PREMIUMS

Steak Medallions	\$3.99	Chicken Breast	\$2.99
Organic Falafel	\$2.99	Cage-Free Egg	\$1.49
Thick-Cut Bacon	\$1.59	Avocado	\$2.49
Cheese	\$1.49	Turkey Breast	\$2.99
Organic Tofu	\$2.29	Tri-Color Quinoa	\$1.59
Salmon	\$4.99	Wild Farro	\$1.59
Smokehouse Ham	\$2.99	Seasonal Topping	\$0.99

## HOUSE-MADE DRESSINGS

Caesar	Balsamic Vinaigrette	Jalapeno-Caesar
Avo-Ranch	Pico De Gallo	Plum Vinaigrette
Chimichurri	Spicy Cilantro Vinaigrette	Pesto Vinaigrette
Green Tahini	Seasonal Dressing	Olive Oil + Vinegar
Lemon/Lime		

All dressings are Gluten-Free (GF) (D) = Dairy Free

## BREAD

- BAGUETTE MULTIGRAIN  
 SOURDOUGH LEAF WRAP

## PROTEIN + VEGGIES + DRESSING

- 1 Protein 4 Veggies 1 Dressing

## PROTEIN

Turkey Breast	Organic Falafel
Chicken Breast	Organic Tofu
Thick-Cut Bacon	Cage-Free Egg
Smokehouse Ham	Roasted Veggie Mix
Steak Medallions +\$2	Cheese +\$1.49
Salmon +\$4	

## DRESSINGS

Herb Aioli	Oil + Vinegar
Avo-Ranch	Chimichurri
Caesar	Chipotle
Balsamic Vinaigrette	Cucumber Tzatziki
Jalapeno-Caesar	Pico-De-Gallo
Green Tahini	Pesto
Sriracha	Creamy Dijon

## Sabroso cal. 625

chicken breast, avocado, cherry tomato, black beans, cilantro, cotija cheese, turmeric rice, organic arugula, spice blend, tortilla chips, lime squeeze, jalapeno caesar

## Chimichurri cal. 695

steak medallions, avocado, roasted corn, cherry tomato, baby spinach, turmeric rice, lime squeeze, chimichurri

## Falafel Tzatziki cal. 635

organic falafel, cucumber, cherry tomato, pickled onion, purple cabbage, feta, mint, organic mesclun, turmeric rice, cucumber-tzatziki, pita chips, green tahini

## Salmon + Wild Farro cal. 595

Norwegian salmon, broccolini, rosemary sweet potato, purple cabbage, wild rice + farro, lemon squeeze, creamy honey-sriracha (on side)



# SALADS

Seasonal

**Brussel + Pear** cal. 695  
 brussel sprouts + pear, rosemary sweet potato, thick-cut bacon, goat cheese, organic quinoa, kale, romaine, toasted pepita, pomegranate vinaigrette

**Kale Kobb** cal. 550  
 chicken breast, thick-cut bacon, avocado, cherry tomato, goat cheese, toasted almonds, kale, romaine, balsamic vinaigrette

**Citrus Sesame Chicken** cal. 415  
 chicken breast, roasted carrots, purple cabbage, sliced orange, cucumber, cilantro, toasted almonds, organic mesclun, romaine, plum vinaigrette

**Pesto Chicken** cal. 565  
 chicken breast, avocado, sun-dried tomato, fresh mozzarella, parm crisp, organic mesclun, romaine, pesto vinaigrette

**BigFin** cal. 495  
 Norwegian salmon, cherry tomato, corn, parm crisp, organic arugula, romaine, lime squeeze, jalapeno caesar

**Tofu Tango** cal. 420  
 organic tofu, roasted rosemary sweet potato, apples, organic quinoa, goat cheese, roasted pepita seeds, kale, romaine, balsamic vinaigrette



**Spicy Avocado** cal. 520  
 chicken breast, avocado, roasted corn, black beans, pico-de-gallo, cilantro, cotija cheese, tortilla chips, organic mesclun, romaine, spicy cilantro-lime vinaigrette

**Steak Taco** cal. 540  
 steak medallions, roasted corn + red pepper, pico-de-gallo, cotija cheese, lime squeeze, tortilla chips, cilantro, romaine, jalapeno caesar

**Chicken Caesar\*** cal. 575  
 chicken breast, cherry tomato, shaved parmesan, crumbled croutons, parm crisp, kale, romaine, caesar dressing

**Greek Roots** cal. 670  
 organic falafel, roasted squash, zucchini, cauliflower, red pepper, feta, pita chips, organic mint, lemon squeeze, kale, romaine, green tahini

- (K) = Keto Diet (GF) = Gluten-Free (V) = Vegetarian (S) = Staff Favorite

# SANDWICHES

Seasonal

**Italiano** cal. 915  
 genoa salami, smoked pepperoni, north country smokehouse ham, provolone, pepperoncini, pickled onion, tomato, organic arugula, homestyle Italian oil/vin, mayo, pecorino romano on organic baguette

**Hamwich** cal. 475  
 north country smokehouse ham, swiss, tomato, organic mesclun, parm crisp, creamy dijon-mayo on organic baguette

**CheeseSteak** cal. 650  
 steak medallions, provolone, roasted red pepper + shallots, herb aioli on organic baguette

**Chicken Club** cal. 675  
 chicken breast, provolone, thick-cut bacon, tomato, herb aioli on organic baguette

**Steak + Cheddar** cal. 575  
 steak medallions, cheddar, roasted shallots, organic arugula, chimichurri on organic baguette

**Turkey + Apple** cal. 485  
 turkey, apples, bacon, cheddar, organic arugula, avo-ranch on organic sourdough



**So Cali Club** cal. 595  
 turkey breast, swiss, avocado, thick-cut bacon, hard-boiled egg, tomato, alfalfa sprout, herb aioli on organic sourdough

**Caprese** cal. 549  
 fresh mozzarella, organic baby spinach, tomato, house-made pesto, balsamic glaze, fresh cracked pepper on organic baguette

**Koo Koo Roo** cal. 630  
 chicken breast, cheddar, avocado, roasted corn + red pepper, organic arugula, chipotle aioli on organic baguette

**San Remo** cal. 590  
 chicken breast, provolone, avocado, sun-dried tomato, house-made pesto on organic baguette

**Veggie Stack** cal. 375  
 avocado, roasted squash, zucchini, cauliflower, red pepper, pickled red onion, purple cabbage, feta, cucumber tzatziki in a leaf wrap

Organic Bread/Wraps

Baguette cal. 270 Sourdough cal. 290 Multigrain cal. 180 Leaf Wrap cal. 20

# SIDES

**Street Corn** cal. 170  
 roasted corn, red pepper, cotija cheese, lime

**Avo Mix** cal. 200  
 avocado, tomato, cucumber, pickled onions, chia/flax seeds, lemon

**Mozzarella + Tomato** cal. 150  
 fresh mozzarella, cherry tomato, balsamic glaze

**Seasonal Veggies** cal. 50-100  
 roasted seasonal vegetables

**Roasted Veggies** cal. 75  
 squash, zucchini, cauliflower, red pepper

**Sweet Potato** cal. 90  
 rosemary roasted sweet potatoes

**Roasted Carrots** cal. 60  
 roasted honey carrots

**Fresh Fruit** cal. 60  
 seasonal fruit

**Tzatziki + Pita** cal. 130  
 cucumber tzatziki made with greek yogurt, served with a side of pita chips

# KIDS

**PB & J** cal. 189  
 organic peanut butter and fig jelly on sourdough, side of fruit

**Avo BLT** cal. 495  
 thick -cut bacon, plum tomato, romaine on organic multigrain with a side of fruit

**Grilled Cheese** cal. 290  
 melted cheddar on organic sourdough with a side of fruit

**Quesadilla** cal. 490  
 melted cheddar between flour tortilla, pico-de-gallo with a side of fruit

# SOUPS

**Vegetable Lentil** cal. 185  
 lentil, organic veggies, spices, and herbs

**Chicken Barley** cal. 120  
 comforting blend of tender chicken, hearty barley, and fresh vegetables

# SWEETS

**Cookies**  
 chocolate, sugar, oatmeal raisin

**Brownies**  
 chocolate, chocolate cheesecake, blondie

# ICE CREAM/FROYO

**Frozen Yogurt**  
 tart yogurt with three toppings

**Ice Cream**  
 (3) scoops + (3) toppings



# SHAKES

- Vanilla • Strawberry
- Coffee • Double Chocolate
- Chocolate • Birthday Cake
- Cookies N' Cream • Cookie Dough
- Mint Chocolate Chip • Black N White